

Malaysia

Situated in the heart of Southeast Asia, Malaysia is a vibrant destination with a diversity of cultures and traditions. This tropical paradise boasts pristine jungles and verdant national parks that are teeming with numerous species of birds and wildlife.

Malaysia's sun-drenched islands and beaches are home to a stunning range of marine life. Its natural wealth is complemented by magnificent modern landmarks and heritage buildings. There is something to charm every visitor, be it a history-lover, nature-enthusiast, sun-seeker or an avid shopper. Explore the length and breadth of the country to discover the many attractions of Malaysia!



Pahang

Pahang is the largest state in Peninsular Malaysia. This eco-paradise is filled with remarkable natural treasures. Lush, pristine rainforest rich with a variety of exotic flora and fauna covers almost two-thirds of the state. Its mountainous terrain is home to cool highland retreats, while its long coastline contains some of the most beautiful beaches in the country. The state is also home to the country's largest national park, and natural freshwater lakes. Its capital city is Kuantan, a bustling township with plenty of interesting sights.

GT GETTING THERE

Kuantan is situated about 260km from Kuala Lumpur, which is approximately 3 ½ hours' drive via the East Coast Highway. Its Sultan Ahmad Shah Airport in Kuantan receives both international and domestic flights from Kuala Lumpur International Airport (KLIA), Sultan Abdul Aziz Shah Airport in Subang and most capital cities all over the country. Air-conditioned express buses to Pahang are also available, departing from Terminal Bersepadu Selatan (TBS) and Hentian Pekelling in Kuala Lumpur. Keretapi Tanah Melayu or Malayan Railway provides rail services to Mentakab and Kuala Lipis from Kuala Lumpur and Kota Bharu in Kelantan.

GA GETTING AROUND

Buses and taxis are readily available around Kuantan. Taxis can be found at the city's main hubs such as Kompleks Teruntum, Berjaya Megamall and Jalan Mahkota. To reach other towns in Pahang, outstation buses are available at Hentian Bandar (Jalan Stadium). Tioman Island is accessible by boat and ferry from Teluk Gading in Pahang and Mersing in Johor, and by Berjaya Air's daily direct flights from the Sultan Abdul Aziz Shah Airport in Subang and also from Singapore.



S SHOPPING

Visitors can find handicrafts made from dried and dyed Pandanus (screwpine) leaves, batik cloths, woodcarvings and other crafts and souvenirs at Crafts Complex (Jalan Pintasan), Sungai Karang and Cherating Village. Witness how traditional fabrics are made at Batik RM in Tanah Putih and Pahang Silk Weaving Centre in Pulau Keladi. Major shopping malls can be found in Pahang's capital city, Kuantan, namely Kuantan Parade, Berjaya Megamall, East Coast Mall and Kuantan City Mall.

D DINING

Deliciously aromatic, some of Pahang's traditional dishes are said to have been created for royalty. Pahang's local offerings such as Mi Calang, Laksa Pahang, Opor Pahang, Puding Raja, Jeneral Mahbob, Akok Besseran and Lemang Pulut Kera (Pitcher Plant Rice) are worth trying when visiting this state. The best places to find authentic Pahang specialities are Jerantut, Kuala Lipis, Temerloh and Pekan. Temerloh, famous for its silver catfish-based dishes, is also known as Bandar Ikan Patin (Silver Catfish Town).



AC ACCOMMODATION

BANDAR JENGA
Mercu View Resort
Jengka Inn
Tel: 09 467 5650
Tel: 09 223 2118

BENTONG
Hotel Kristal *
Caravan Serai
101 Resort & Spa
Tel: 09 223 2118
Tel: 03 7972 3655
Tel: 09 233 0031

BERJAYA HILLS
Berjaya Hills Golf & Country Club ****
Berjaya Hills Colmar Tropicale ****
Selesa Resort ***
Tel: 09 288 8890
Tel: 09 221 3666
Tel: 03 4042 6033 / 6931

CHERATING
Royale Chulan Cherating *****
Club Med Cherating Beach *****
Holiday Villa Cherating *****
Impliana Resort Cherating *****
Residence Inn Cherating ***
Erya By Suna Cherating ***
The Kasturi Resort
Tel: 09 223 2118
Tel: 03 2161 4599
Tel: 09 581 9500
Tel: 09 581 9000
Tel: 09 581 9333
Tel: 09 584 7000
Tel: 09 582 5000

FRASER'S HILL
Fraser Silverpark Resort ***
Shahzan Inn ***
Ye Old Smoke House ***
Fraser's Pine Resort
Puncak Inn
Tel: 09 362 2888
Tel: 09 362 2300
Tel: 09 362 2226
Tel: 09 362 2122
Tel: 09 362 2007

GENTING HIGHLANDS
Awana Golf & Country Resort *****
Genting Hotel *****
Highlands Hotel *****
Resort Hotel *****
Genting View Resort ***
Seri Malaysia ***
Theme Park Hotel ***
Tel: 03 6101 3015
Tel: 03 6101 1118
Tel: 03 6101 1118
Tel: 03 6101 1118
Tel: 03 6100 2267
Tel: 03 6100 2525
Tel: 03 6101 1118

JERANTUT / TAMAN NEGARA
Xscape Resort ***
Mutiarra Taman Negara ***
Nusa Camp Holiday Village
Jerantut Hill Hotel
Park View Hotel
Felda Residence Tekam
Danz Eco Resort
Tel: 09 266 1111
Tel: 09 266 3500
Tel: 09 266 2369
Tel: 09 267 2288
Tel: 09 260 8500
Tel: 09 471 8182
Tel: 09 266 3036

KUALA LIPIS
Pacific Hotel ***
Lipis Centrepoint, Hotel & Apartment **
Lipis Plaza Hotel **
Star-Well Hotel
Tel: 09 312 2788
Tel: 09 312 2688
Tel: 09 312 5588
Tel: 09 312 5228

KUALA ROMPIN
Rompin Beach Resort ***
Seri Malaysia Rompin ***
Villa Rompin Resort
Tel: 09 414 3333
Tel: 09 413 2723
Tel: 09 415 8888

MARAN / TEMERLOH
Green Park Hotel **
Seri Malaysia Temerloh **
Tel: 09 296 3333
Tel: 09 296 5776

MENTAKAB
Bukit Bendera Resort ***
Sherwinton Hotel
Iwinton Hotel
Tel: 09 278 2828
Tel: 09 277 8833
Tel: 09 277 6633

PULAU TIOMAN
Babura Seaview Resort
Juara Beach Resort
Minang Cove
Mukut Harmony Resort
Panuba Inn Resort
Paya Beach Resort
Salang Indah Resort
Salang Pusaka Resort
Darnai Tioman Resort
Sun Beach Resort
Tunamaya Beach & Spa Resort
Nazri's Place
The Barat Tioman Beach Resort
Aman Tioman Beach Resort
Japamala Resort
Tel: 09 419 1139
Tel: 09 419 3188
Tel: 07 799 7372
Tel: 07 799 3440
Tel: 09 419 1424
Tel: 07 419 7100
Tel: 09 419 5015
Tel: 09 419 5317
Tel: 09 419 7055
Tel: 09 419 7069
Tel: 07 238 8881
Tel: 09 419 1329
Tel: 09 419 3289
Tel: 09 419 7788
Tel: 09 419 7777

PEKAN
Ancasa Royale Pekan ****
Tel: 09 424 6600



POI PLACES OF INTEREST



CAMERON HIGHLANDS
Located 1,524m above sea level, this refreshing retreat is Malaysia's largest hill resort. Characterised by undulating valleys, sprawling tea plantations, terraced flower gardens, vegetable farms and strawberry parks, Cameron Highlands is made up of three main townships: Ringlet, Tanah Rata and Brinchang.
☎ +605 4911455 (Cameron Highlands District Council)



TAMAN NEGARA (NATIONAL PARK)
Malaysia's premier national park is a haven for a diverse collection of flora and fauna. One of the oldest rainforests in the world, Taman Negara is estimated to be over 130 million years old. Ancient trees with giant buttresses, limestone caves, waterfalls and jungle-clad mountains are just some of the unique attractions in this 434,350 hectare park.
☎ +609 266 1122/4152 (Pahang National Park, Kuala Tahan)
☎ www.wildlife.gov.my



KUALA LIPIS
This historical town was a thriving trading centre in the past and Pahang's former capital city for a good 57 years. Stately colonial architecture can be found around Kuala Lipis, with the Pahang Club House being the very first British-built building in this town. The country's zero milestone signage can also be found here.
☎ +609 312 1253 (Lipis District Council)



JERAM BESU
Jeram Besu or Besu Rapids will appeal to adrenaline junkies raring for thrills and adventure. It is considered one of the country's best spots for white-water rafting, as well as a wide range of eco-adventure activities such as flying fox, 4WD expeditions, abseiling and jungle trekking.
☎ +609 323 0230 / 0210 (Countryview Jeram Besu)



LATA JARUM
Lata Jarum is a magnificent two-tiered waterfall resulting from a series of rapids culminating in a rocky pool. A cool and refreshing picnic and recreation spot, it is located within the Lata Jarum Nature Park. Don't miss a chance to spot the Rafflesia in the forest, as well as several unique flora and fauna species populating the area.
☎ +609 355 1060 (District Forest Office, Raub)



FRASER'S HILL
Nestled prettily amidst the Pahang rainforest at 1,524m above sea level, Fraser's Hill is characterised by mock-Tudor houses and colonial-style buildings. The hill resort exudes the nostalgic charm of a bygone era. A birdwatcher's paradise, Fraser's Hill is ideal for visitors who are interested in gentler pursuits and a quiet, laid-back retreat.
☎ www.pahangtourism.org.my



BERJAYA HILLS
Capturing the essence of two different cultures in a one destination, Berjaya Hills is a unique highland retreat. Situated some 800m above sea level is the enchanting French-style Colmar Tropicale, while further up at some 1,000m above sea level is the eco-friendly Zen-inspired Japanese Village. Other attractions include The Chateau Spa & Organic Wellness Resort, Rabbit Park and picturesque horse-riding trails.
☎ +609 221 3666
☎ www.colmartropicale.com.my



JANDA BAIK
Janda Baik's secluded location in the midst of cool, lush tropical vegetation provides a welcome respite for city folks to escape the hustle and bustle of the city. Plenty of accommodation options are available here, from resorts to camp sites. Janda Baik is also a popular destination for team building and eco-adventure activities.
☎ +609 568 1623 / 4 / 7001 (Tourism Pahang)



DEERLAND PARK
The 4.5 hectare Deerland Park is an animal sanctuary where the permanent residents roam freely amidst lush tropical vegetation. Come meet the 'stars' of the park - adorable deer, ostriches and peacocks. The park's Herb Trail gives visitors an opportunity to have a closer look at a wide variety of herbs and medicinal plants.
☎ +609 279 7249



GENTING HIGHLANDS
Perched some 1,900m above sea level, Genting Highlands is a tremendously popular leisure and entertainment destination. Dubbed 'City of Entertainment', this highland resort is best known for its theme parks and casino. Genting Highlands is situated about an hour's drive from Kuala Lumpur.
☎ +603 2718 1118
☎ www.rwgenting.com



NATIONAL ELEPHANT CONSERVATION CENTRE, KUALA GANDAH
Established in 1989, the centre is dedicated towards the rescue and rehabilitation of elephants. It also aims to educate the public on the importance of elephant conservation and protection. The only one of its kind in the country, this centre offers the rare opportunity to get up close and personal with these gentle giants.
☎ +6013 908 8207
☎ www.wildlife.gov.my / www.nre.gov.my



KOTA GELANGGI CAVES
Reputedly 150 million years old, Kota Gelanggi Caves feature magnificent natural formations and unique cave fauna. According to legend, the caves are actually the ruins of an ancient city, Gua Terang Bulan and Gua Sanding are among the most popular caves here. There's also a Mini Museum with comprehensive information and displays.
☎ +609 471 8300



GUNUNG SENYUM
Situated at 1,549m above sea level, the Gunung Senyum Recreational Park is a significant archaeological site. Part of the Jengka Forest Reserve, this mountain is estimated to be approximately 3,000 years old. The park has around 19 caves, including Gua Terang Bulan, Gua Hidiang, Gua Angin and Gua Gajah.
☎ +609 296 2755



THE CENTRE OF PENINSULAR MALAYSIA (T3S)
Popularly known as the home of ikan patin (silver catfish), the town of Temerloh has another rarely known feather on its cap. The town is located at a latitude of 03.29°33" and longitude of 102.13°10", making it the centre point for the whole of Peninsular Malaysia. A monument is erected at Kampung Paya Siput Lanchang to mark the exact spot of this geographical allure. After your tour, spend some time at the restaurant and souvenir shop or visit the park, lake and goat farm. Temerloh is located about 102km from Kuala Lumpur.
☎ +6013 922 7249 (Mr. Abdullah)



BUKIT GAMBANG RESORT CITY
An integrated resort city offering a myriad of attractions, Bukit Gambang Resort City is an ideal leisure destination for the whole family. It is home to one of the country's largest water parks and a 20-acre man-made lake with breathtaking views. Its lush surroundings form the perfect playground for a number of exciting jungle-based outdoor activities.
☎ +609 548 8000
☎ www.bgrc.com.my



TASIK BERA (LAKE BERA)
Measuring approximately 35km long and 20km wide, Tasik Bera is Peninsular Malaysia's largest natural freshwater lake. It is also the country's first Ramsar site, an international recognition given to wetland areas for its international importance in nature conservation. Approximately 328 flora species, 200 bird species, 50 mammals and more than 95 fish species inhabit the lake area.
☎ +609 250 1700



TASIK CHINI (LAKE CHINI)
Malaysia's second largest natural lake is filled with a variety of freshwater fish, while the surrounding wilderness is a habitat for a diverse assemblage of flora and fauna. The lake consists of 13 interconnecting water bodies. From August to September, a dazzling display of white and pink water lilies can be seen on the lake's surface.
☎ +609 296 2755



SUNGAI LEMBING MUSEUM
This museum showcases an extensive collection of artefacts relating to the town's tin mining industry. View interesting exhibits such as mining equipment, worker's attire and many more. The diorama here is reputed to be among the best in the country. Don't miss the chance to visit other attractions such as The Great Mines of Sungai Lembing and 3D Gallery situated nearby, (see overleaf no. 2)
☎ +609 541 2377 / 2378



PANTAI CHERATING
Fringed by the waters of the South China Sea, Pantai Cherating enthalls with its serene beauty and rustic atmosphere. Nearby is Kampung Cherating, a tranquil Malay Village surrounded by swaying palms and tropical vegetation. Visit the Cherating Turtle Sanctuary located here or indulge in a host of watersports activities.
☎ +609 512 1555



THE ROYAL TOWN OF PEKAN
Situated on the banks of the Pahang River, Pahang's Royal Town features several distinguished attractions that reflect the state's glorious past. Among its attractions are the majestic Sultan Abu Bakar Palace and the Sultan Abu Bakar Museum, where visitors can view a collection of exhibits on the state and its esteemed royal family.
☎ +609 421 1077



LANJUT & ROMPIN
The secluded beach areas in Lanjut and Rompin are perfect for those looking for a quiet time away. Among the activities that can be enjoyed around here are nature walks, watching fireflies and witnessing turtle nesting. These beaches also play host to the annual international event, the Royal Pahang Billfish International Challenge.
☎ +609 414 6677



ROMPIN STATE PARK
This ancient rainforest is the second largest national park in Peninsular Malaysia and one of the country's last remaining lowland forests. Its untouched wilderness offers a myriad of eco attractions including a diversity of flora and fauna, majestic rock formations, captivating waterfalls and flowing rivers.
☎ +607-799 1205



PULAU TIOMAN
Situated approximately 56km off the coast of Pahang, Pulau Tioman is hailed as one of Southeast Asia's finest beach getaways. This tropical island beckons with aquamarine waters, spectacular coral formations, diverse marine life and rustic charm. The island's Gunung Nenek Semukut is Malaysia's highest freestanding spire at 690m.
☎ +609 413 3172 / 179 (Tioman Development Authority)
☎ www.tioman.gov.my